



# Pony Club

Where it all begins

## NY/UC Newsletter, July 2018 Edition

### Important Dates Coming Up

July 14	RYB D Rally
July 25-29	Championships East
July 31	C3/B Dressage Certification
August 8	C3/B Traditional Certification
August 17-19	HITS Dressage Show

### TEACHING OPPORTUNITY

SVPC IS LOOKING FOR UL PONY CLUB MEMBERS TO TEACH AT ITS CAMP AUGUST 13 TO 17. EMAIL EV AT [FMS78@AOL.COM](mailto:FMS78@AOL.COM) FOR MORE INFORMATION.

### RS SECTION

"If you want to touch the past, touch a rock. If you want to touch the present, touch a flower. If you want to touch the future, touch a life(author unknown)".

I was doing some geology research the other day and came across that quote which I immediately copied for my theme this month: "Give Back". In my years with pony club, I run across people all the time who reference their own pony club experiences and credit those with what they are doing now...whether it is sharing their barns & horses, running clubs, giving vet talks, serving in leadership roles, mentoring younger members, donating funds & ads, or coming back every year to fence judge. There are probably many more examples I could pull out if I thought on it more but the point is, these individuals think enough of pony club and what it represents to continue to support the program, with time and resources, long after they leave it as members. As we look ahead to what we want NYUC to offer to our current members, please continue to support our efforts. Thank you all for what you do!! For the current members, think back on what pony club has given you for knowledge, memories, friendships and experience and, hopefully, you too will think of ways to Give Back! Good Luck to all headed to Champs this month!

-Ev Brown, RS

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*Regional Youth Board Tip of the Month:  
Try to ride early in the morning to avoid the  
heat of the day.*

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### Signs of Heat Stroke in Horses

- An elevated heart rate that does not return to normal in a reasonable period of time;
- Excessive sweating or lack of sweating;
- Temperature that persists above 103°F;
- Depression and/or lethargy; and
- Signs of dehydration: dry mucous membranes, poor capillary refill, and poor skin turgor.

Keep an eye on your ponies this season to make sure they are safe and healthy!

## RVB D Rally

The Regional Youth Board is putting on a D Show Jumping Rally on July 14<sup>th</sup> at Oakendale Farm. Closing date is coming up on July 8<sup>th</sup>! Numbers are very low at this point, so please get your entries in! Email Alessia Salati at [fleetingjazz@hotmail.com](mailto:fleetingjazz@hotmail.com) for more information or entry forms for the rally. It will be a fun experience and a great introduction to rallies for our Ds! Cs are also welcome to come if they missed having a Show Jumping Rally here in the region. This is a great opportunity to get your horses out without the pressure of qualifying!

